Sickness and Illness Policy

Wales: NMS
2.2, 5.1, 10.1, 10.3, 10.6, 10.7

At Wibli Wobli Nursery we promote the good health of all children attending. To help keep children healthy and minimise infection, we do not expect children to attend nursery if they are unwell.

Our procedures

In order to take appropriate action of children become ill and to minimise the spread of infection we implement the following procedures:

- If a child becomes ill during the nursery day, we contact their parent(s) and ask them to pick up their child as soon as possible. During this time we care for the child in a quiet, calm area with their key worker, wherever possible
- We follow the guidance given to us by Infection Prevention and Control for Childcare Settings (0-5 years) Nurseries Child Minders and Playgroups and advice from our local health protection unit on exclusion times for specific illnesses, e.g. sickness and diarrhoea, measles and chicken pox, to protect other children in the nursery. However, it is at the discretion of nursery management whether a child is fit or too ill to attend nursery. We have the right to refuse admission to a child who is unwell. This decision will be taken by the manager on duty and is non-negotiable.
- The following illness have the following exclusion times over and above the guidance due to their contagious nature and the interaction of very young children:
    - Hand Foot and Mouth Disease is treated the same as Chicken Pox under the guidance (5 days exclusion period from start of symptoms and blisters scabbed over)
    - Conjunctivitis has cleared or 24 hours after commencing treatment
    - Headlice treatment needs to be applied before the child can return
    - Threadworms treatment needs to have been started
- Warts and verrucae the child can continue to attend but the nursery must be informed in order to ensure that certain activities such as sand and water play are avoided
- Should a child have an infectious disease, such as sickness and diarrhoea, they must not return to nursery until they have been clear for at least 48 hours. We notify the CIW as soon as possible where we have any child or staff member with food poisoning. We inform all parents if there is a contagious infection identified in the nursery, to enable them to spot the early signs of this illness. We thoroughly clean and sterilise all equipment and resources that may have come into contact with a contagious child to reduce the spread of infection
- We exclude children on antibiotics for the first 48 hours of the course (unless this is part of an ongoing care plan to treat individual medical conditions e.g. asthma and the child is not unwell) This is because it is important that children are not subjected to the rigours of the

nursery day, which requires socialising with other children and being part of a group setting, when they have first become ill and require a course of antibiotics
- We make information/posters about head lice readily available and all parents are requested to regularly check their children's hair. If a parent finds that their child has head lice, we would be grateful if they could inform the nursery so that other parents can be alerted to check their child's hair.
- Where a child is ill and has had Calpol for a temperature they are not to return to the nursery until their temperature stays down without Calpol.
- Children should be kept off nursery for 24 hours after they have received vaccinations or immunisations.

Meningitis procedure
If a parent informs the nursery that their child has meningitis, the nursery manager should contact the Infection Control (IC) Nurse for their area and CIW. The IC Nurse will give guidance and support in each individual case. If parents do not inform the nursery, we will be contacted directly by the IC Nurse and the appropriate support will be given. We will follow all guidance given and notify the appropriate authorities including CIW if necessary.

Transporting children to hospital procedure
The nursery manager/staff member must:
- Call for an ambulance immediately if the sickness is severe. DO NOT attempt to transport the sick child in your own vehicle
- Whilst waiting for the ambulance, contact the parent(s) and arrange to meet them at the hospital
- Redeploy staff if necessary to ensure there is adequate staff deployment to care for the remaining children. This may mean temporarily grouping the children together
- Arrange for the most appropriate member of staff to accompany the child taking with them any relevant information such as registration forms, relevant medication sheets, medication and the child's comforter
- Inform a member of the management team immediately
- Remain calm at all times. Children who witness an incident may well be affected by it and may need lots of cuddles and reassurance. Staff may also require additional support following the accident.

This policy was adopted on	Signed on behalf of the nursery	Date for review
19/12/2024	Molly Necrews Molly Necrews (Dec 19, 2024 14:38 GMT)	*December 2025*

Polisi Afiechyd a Salwch

Cymru: SGC
2.2, 5.1, 10.1, 10.3, 10.6, 10.7

Ynm Meithrinfa Wibli Wobli rydym yn hyrwyddo iechyd da i bob plentyn. I helpu i gadw plant yn briodol pan fo plentyn yn mynd yn sâl ac i leihau'r perygl o haint yn ymledu rydym iach ac i leihau haint, nid ydym yn disgwyl i blant fynychu'r feithrinfa os ydynt yn sâl.

Ein gweithdrefnau

Er mwyn gweithredu'n yn dilyn y gweithdrefnau canlynol:

- Os yw plentyn yn mynd yn sâl yn ystod diwrnod yn y feithrinfa, byddwn yn cysylltu â'r rhiant/rhieni ac yn gofyn iddynt ddod i gasglu'r plentyn cyn gynted ag y bo modd. Yn ystod yr amser yma rydym yn gofalu am y plentyn mewn ardal dawel, ddigynnwrf gyda'u gweithiwr allweddol, pan fo hynny'n bosib.
- Rydym yn dilyn y canllawiau a roddir i ni gan Atal a Rheoli Heintiau ar gyfer Lleoliadau Gofal Plant (0-5 oed) Meithrinfeydd Gwarchodwyr Plant a Chylchoedd Chwarae a chyngor gan ein huned amddiffyn iechyd leol ar amserodd gwahardd ar gyfer salwch penodol e.e. salwch a dolur rhydd, y frech goch a brech yr ieir, i amddiffyn plant eraill yn y feithrinfa. Fodd bynnag, mater i reolwyr y feithrinfa yw penderfynu a yw plentyn yn ffit neu'n rhy sâl i fynychu meithrinfa. Mae gennym ni yr hawl i wrthod mynediad i blentyn sy'n sâl. Y rheolwr ar ddyletswydd fydd yn cymryd y penderfyniad yma ac nid yw'r penderfyniad yn agored i drafodaeth.
- Mae gan y salwch canlynol yr amseroedd gwahardd a ganlyn y tu hwnt i'r canllawiau oherwydd eu natur heintus a'r rhyngweithio rhwng plant ifanc iawn:
    - Mae Clwy'r Dwylo, y Traed a'r Genau yn cael ei drin yr un fath a Brech yr Ieir o dan yr arweiniad (cyfnod gwahardd o 5 diwrnod o ddechrau'r symptomau a phothelli'r cael eu rhoi drosodd)
    - Mae Llid yr Amrantau wedi clirio neu 24 awr ar ôl dechrau triniaeth
    - Mae angen rhoi triniaeth Llau Pen cyn y gall y plentyn ddychwelyd
    - Mae ange dechrau triniath LLyngyr Edau
- Dafadennau a Ferwcau gall y plentyn barhau i fynychu ond rhaid hysbyu'r feithrinfa er mwyn sicrhau bod rhai gweithgareddau megis chwarae gyda thywod a dŵr yn cael eu hosgoi.
- Pe digwydd i blentyn fod ag afiechyd heintus, fel salwch a dolur rhydd, ni chânt ddychwelyd i'r feithrinfa nes iddynt fod yn iach am o leiaf 48 awr. Rydym yn hysbysu AGC cyn gynted ag y bo modd pan fo gan blentyn neu aelod o staff afiechyd hysbysadwy fel gwenwyn bwyd. Os yw salwch heintus yn cael ei adnabod yn y feithrinfa, byddwn yn hysbysu rhieni i'w galluogi i adnabod arwyddion cynnar o'r salwch. Bydd pob offer ac adnoddau ddaeth i gysylltiad â phlentyn heintus yn cael ei lanhau a'i diheintio'n drwyadl i leihau'r perygl o ledaenu'r haint

- Rydym yn eithrio plant sydd ar wrthfiotigau am 48 awr gyntaf y cwrs (heblaw bod hyn yn rhan o gynllun gofal parhaus i drin cyflyrau meddygol unigol ee asthma ac mae'r plentyn yn teimlo'n iach). Y rheswm am hyn yw ei bod hi'n bwysig nad yw plant yn gorfod wynebu bwrlwm diwrnod yn y feithrinfa, sy'n gofyn iddynt gymdeithasu gyda phlant eraill a bod yn rhan o leoliad grŵp pan fônt yn dechrau mynd yn sâl ac ar gwrs o wrthfiotigau.
- Rydym yn sicrhau bod posteri/gwybodaeth am lau pen ar gael ar gyfer rhieni a gofynnwn i bob rhiant wirio gwallt eu plant yn rheolaidd. Os yw rhiant yn canfod bod gan eu plentyn lau pen byddem yn ddiolchgar pe gallent hysbysu'r feithrinfa fel bo modd rhybuddio rhieni eraill i wirio gwallt eu plant.
- Pan fydd plentyn yn sâl ac wedi cael Calpol am dymheredd ni ddylai ddychwelyd i'r feithrinfa nes bod ei dymheredd yn aros i lawr heb Calpol.
- Dylid cadw plant oddi ar y feithrinfa am 24 awr ar ôl iddynt gael brechiadau neu imiwneiddiadau.

Gweithdrefn Llid yr Ymennydd

Os yw rhiant yn hysbysu'r feithrinfa bod eu plentyn yn dioddef o lid yr ymennydd, dylai rheolwr y feithrinfa gysylltu â'r Nyrs Rheoli Haint (RhH) ar gyfer yr ardal, ac AGC. Bydd y Nyrs RhH yn cynnig canllawiau a chefnogaeth ym mhob achos unigol. Os nad yw rhieni yn hysbysu'r feithrinfa, bydd y Nyrs RhH yn cysylltu'n uniongyrchol â ni, gan gynnig y gefnogaeth briodol. Byddwn yn dilyn pob canllaw a roddir ac yn hysbysu'r awdurdodau priodol gan gynnwys AGC os bydd raid.

Gweithdrefn cludo plant i'r ysbyty

Rhaid i reolwr/staff y feithrinfa:

- Alw am ambiwlans yn syth os yw'r salwch yn un difrifol. PEIDIWCH â cheisio cludo plentyn sâl yn eich cerbyd eich hun
- Wrth aros am yr ambiwlans, cysylltwch â'r rhiant/rhieni a threfnwch i'w cyfarfod yn yr ysbyty
- Efallai bydd agen adleoli staff i sicrhau bod staff digonol i ofalu am y plant sydd ar ôl. Gall hyn olygu grwpio'r plant gyda'i gilydd dros dro
- Trefnwch fod yr aelod mwyaf priodol o staff yn mynd gyda'r plentyn gan fynd ag unrhyw wybodaeth berthnasol megis ffurflenni cofrestru, taflenni meddyginiaeth priodol a chysurwr y plentyn
- Hysbyswch aelod 'r tîm rheoli yn ddi-oed
- Arhoswch yn dawel drwy'r amser. Mae'n eithaf posib y bydd plant a welodd ddigwyddiad wedi eu heffeithio ganddo ac o bosib bydd angen digonedd o gofleidio a chysur arnynt. Mae'n bosib hefyd y bydd angen cefnogi staff yn dilyn y ddamwain.

Mabwysiadwyd y polisi hwn ar	Llofnodwyd ar ran y feithrinfa	Dyddiad adolygu
19/12/2024	Molly Necrews Molly Necrews (Dec 19, 2024 14:38 GMT)	*Rhagfyr 2025*

Sickness and Illness Policy

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