NO SMOKING POLICY

At Wibli Wobli Nursery we are committed to promoting children's health and well-being. This is of the upmost importance for the nursery. Smoking has proved to be a health risk and therefore in accordance with legislation, the nursery operates a strict no smoking policy within its buildings and grounds. It is illegal to smoke in enclosed places.

All persons must abstain from smoking while on the premises. This applies to staff, students, parents, carers, contractors and any other visitors to the premises.

Staff accompanying children outside the nursery are not permitted to smoke. We also request that parents accompanying nursery children on outings refrain from smoking while caring for the children.

Staff must not smoke while wearing nursery uniform as it is essential that staff are positive role models to children and promote a healthy lifestyle. If staff choose to smoke during breaks they are asked to change into their own clothing and smoke away from the building .

We respect that smoking is a personal choice, although as an organisation we support healthy lifestyles. We aim to help staff and parents to stop smoking by:

- Providing factsheets and leaflets
- Providing information of local help groups
- Providing details of the NHS quit smoking helpline - www.smokefree.nhs.uk
- Offering information regarding products that are available to help stop smoking
- Offering in-house support

This policy also applies to electronic cigarettes.

This policy was adopted on	Signed on behalf of the nursery	Date for review
27/10/2026	*L.George*	*10/2027*

POLISI DIM YSMYGU

Ym Miethrinfa Wibli Wobli rydym wedi ymrwymo i hyrwyddo iechyd a lles plant. Mae hyn yn bwysig iawn i'r feithrinfa. Mae ysmygu wedi ei brofi i fod yn risg i iechyd ac felly yn unol â deddfwriaeth, mae'r feithrinfa yn gweithredu polisi dim ysmygu llym o fewn ei hadeiladau a'i thiroedd. Mae'n anghyfreithlon ysmygu mewn mannau caeedig.

Rhaid i bob person ymatal rhag ysmygu tra ar y safle. Mae hyn yn berthnasol i staff, myfyrwyr, rhieni, gofalwyr, contractwyr ac unrhyw ymwelwyr eraill â'r safle.

Ni chaniateir i staff sy'n mynd gyda phlant y tu allan i'r feithrinfa ysmygu. Rydym hefyd yn gofyn i rieni sy'n mynd gyda phlant meithrin ar dripiau beidio ag ysmygu wrth ofalu am y plant.

Ni ddylai staff ysmygu wrth wisgo gwisg staff gan ei bod yn hanfodol bod staff yn fodelau rôl cadarnhaol i blant ac yn hyrwyddo ffordd iach o fyw. Os yw staff yn dewis ysmygu yn ystod amser egwyl gofynnir iddynt newid i'w dillad eu hunain ac ysmygu mwg i ffwrdd o'r brif fynedfa.

Rydym yn parchu bod ysmygu yn ddewis personol, er fel sefydliad rydym yn cefnogi ffyrdd iach o fyw. Ein nod yw helpu staff a rhieni i roi'r gorau i ysmygu drwy:

- Ddarparu taflenni ffeithiau
- Ddarparu gwybodaeth am grwpiau cymorth lleol
- Ddarparu manylion llinell gymorth rhoi'r gorau i ysmygu GIG - www.smokefree.nhs.uk
- Cynnig gwybodaeth am gynhyrchion sydd ar gael i helpu i roi'r gorau i ysmygu
- Cynnig cefnogaeth fewnol.

Mae'r polisi hwn hefyd yn berthnasol i sigaréts electronig.

Mabwysiadwyd y polisi hwn ar	Llofnodwyd ar ran y feithrinfa	Dyddiad adolygiad nesaf
27/10/2026	*L.George*	*10/2027*