SICKNESS AND ILLNESS POLICY

At Wibli Wobli Nursery we promote the good health of all children attending. To help keep children healthy and minimise infection, we do not expect children to attend nursery if they are unwell.

Our procedures

In order to take appropriate action of children become ill and to minimise the spread of infection we implement the following procedures:

- If a child becomes ill during the nursery day, we contact their parent(s) and ask them to pick up their child as soon as possible. During this time we care for the child in a quiet, calm area with their key worker, wherever possible.
- It is at the discretion of nursery management whether a child is fit or too ill to attend nursery. We have the right to refuse admission to a child who is unwell. This decision will be taken by the nursery manager on duty and is non-negotiable.
- We follow the guidance from Public Health Wales, including Infection Prevention and Control for Childcare Settings (0-5 years), alongside advice from our local Health Protection Team.
- Children with warts and verrucae can continue to attend, but the nursery must be informed in order to ensure that certain activities such as sand and water play are avoided
- Should a child have an infectious disease, such as sickness and diarrhea, they must not return to nursery until they have been clear for at least 48 hours. We notify the CIW as soon as possible where we have any child or staff member with food poisoning. We inform all parents if there is a contagious infection identified in the nursery, to enable them to spot the early signs of this illness. We thoroughly clean and sterilise all equipment and resources that may have come into contact with a contagious child to reduce the spread of infection
- Children taking antibiotics can attend nursery provided they are well enough to participate in normal activities and do not have a contagious condition requiring exclusion, in line with Public Health Wales guidance.
- We make information/posters about head lice readily available and all parents are requested to regularly check their children's hair. If a parent finds that their child has head lice, we would be grateful if they could inform the nursery so that other parents can be alerted to check their child's hair.
- Where a child is ill and has had temperature-reducing medication (e.g. paracetamol such as Calpol) for a temperature they are not to return to the nursery until their temperature stays down without medication.
- Following immunisations, children should remain at home if they develop a temperature or feel unwell, and may return once they are well and their temperature is controlled without medication.
- We reserve the right to request medical advice or a doctor's note where appropriate.

Up-to-date guidance and exclusion periods can be found on the Public Health Wales website: https://phw.nhs.wales/services-and-teams/aware-health-protection-team/guidance-for-childcare-preschool-and-educational-settings/exclusion-period-for-common-infections-including-a-z-of-common-infections-and-next-steps-july-2025-v8/?ts=1774425711006

Meningitis procedure

If a parent informs the nursery that their child has meningitis, the nursery manager should contact the Infection Control (IC) Nurse for their area and CIW. The IC Nurse will give guidance and support in each individual case. If parents do not inform the nursery, we will be contacted directly by the IC Nurse and the appropriate support will be given. We will follow all guidance given and notify the appropriate authorities including CIW if necessary.

Transporting children to hospital procedure

The nursery manager/staff member must:

- Call for an ambulance immediately if the sickness is severe. DO NOT attempt to transport the sick child in your own vehicle
- Whilst waiting for the ambulance, contact the parent(s) and arrange to meet them at the hospital
- Redeploy staff if necessary to ensure there is adequate staff deployment to care for the remaining children. This may mean temporarily grouping the children together
- Arrange for the most appropriate member of staff to accompany the child taking with them any relevant information such as registration forms, relevant medication sheets, medication and the child's comforter
- Inform a member of the management team immediately
- Remain calm at all times. Children who witness an incident may well be affected by it and may need lots of cuddles and reassurance. Staff may also require additional support following the accident.

This policy was adopted on	Signed on behalf of the nursery	Date for review
27/10/26	*L.George*	*10/2027*

POLISI AFIECHYD A SALWCH

Ym Meithrinfa Wibli Wobli rydym yn hyrwyddo iechyd da pob plentyn sy'n mynychu. Er mwyn helpu i gadw plant yn iach a lleihau haint, nid ydym yn disgwyl i blant fynychu'r feithrinfa os ydynt yn sâl.

Ein gweithdrefnau

Er mwyn cymryd camau priodol os bydd plant yn mynd yn sâl ac i leihau lledaeniad haint rydym yn gweithredu'r gweithdrefnau canlynol:

- Os bydd plentyn yn mynd yn sâl yn ystod diwrnod y feithrinfa, rydym yn cysylltu â'u rhiant(iaid) ac yn gofyn iddynt gasglu eu plentyn cyn gynted â phosibl. Yn ystod yr amser hwn rydym yn gofalu am y plentyn mewn ardal dawel, ddigynnwrf gyda'u gweithiwr allweddol, lle bynnag y bo modd.
- Mae'n ôl disgresiwn rheolwyr y feithrinfa a yw plentyn yn ffit neu'n rhy sâl i fynychu'r feithrinfa. Mae gennym yr hawl i wrthod derbyn plentyn sy'n sâl. Bydd y penderfyniad hwn yn cael ei wneud gan reolwr y feithrinfa ar ddyletswydd ac nid yw'n agored i drafodaeth.
- Rydym yn dilyn canllawiau Iechyd Cyhoeddus Cymru, gan gynnwys Atal a Rheoli Heintiau ar gyfer Lleoliadau Gofal Plant (0-5 oed), ochr yn ochr â chyngor gan ein Tîm Diogelu Iechyd lleol.
- Gall plant â thyrchau a ferrucâu barhau i fynychu, ond rhaid hysbysu'r feithrinfa er mwyn sicrhau bod gweithgareddau penodol fel chwarae tywod a dŵr yn cael eu hosgoi.
- Os bydd gan blentyn glefyd heintus, fel salwch a dolur rhydd, ni ddylent ddychwelyd i'r feithrinfa nes eu bod wedi bod yn glir am o leiaf 48 awr. Rydym yn hysbysu'r AGC cyn gynted â phosibl os oes gennym unrhyw blentyn neu aelod o staff â gwenwyn bwyd. Rydym yn hysbysu pob rhiant os oes haint heintus wedi'i nodi yn y feithrinfa, er mwyn iddynt allu gweld arwyddion cynnar y salwch hwn. Rydym yn glanhau ac yn sterileiddio'n drylwyr yr holl offer ac adnoddau a allai fod wedi dod i gysylltiad â phlentyn heintus i leihau lledaeniad yr haint.
- Gall plant sy'n cymryd gwrthfiotigau fynychu'r feithrinfa ar yr amod eu bod yn ddigon da i gymryd rhan mewn gweithgareddau arferol ac nad oes ganddynt gyflwr heintus sy'n gofyn am waharddiad, yn unol â chanllawiau Iechyd Cyhoeddus Cymru.
- Rydym yn sicrhau bod gwybodaeth/posteri am lau pen ar gael yn rhwydd a gofynnir i bob rhiant wirio gwallt eu plant yn rheolaidd. Os bydd rhiant yn canfod bod gan eu plentyn lau pen, byddem yn ddiolchgar pe gallent hysbysu'r feithrinfa fel y gellir rhybuddio rhieni eraill i wirio gwallt eu plentyn.
- Pan fydd plentyn yn sâl ac wedi cael meddyginiaeth i ostwng tymheredd (e.e. paracetamol fel Calpol) ar gyfer tymheredd, ni ddylent ddychwelyd i'r feithrinfa nes bod eu tymheredd yn aros i lawr heb feddyginiaeth.
- Yn dilyn imiwneiddio, dylai plant aros gartref os ydynt yn datblygu tymheredd neu'n teimlo'n sâl, a gallant ddychwelyd unwaith y byddant yn iach a bod eu tymheredd wedi'i reoli heb feddyginiaeth.
- Rydym yn cadw'r hawl i ofyn am gyngor meddygol neu nodyn meddyg lle bo'n briodol.

Mae canllawiau cyfredol a chyfnodau gwahardd ar gael ar wefan Iechyd Cyhoeddus Cymru: https://icc.gig.cymru/gwasanaethau-a-thimau/gwasanaeth-ymateb-aciwt-cymru-gyfan-aware-y-tim-diogelu-iechyd/cyngor-ac-arweiniad-ar-gyfer-lleoliadau-gofal-plant-cyn-ysgol-ac-addysgol/cyfnod-gwahardd-ar-gyfer-heintiau-cyffredin-ar-camau-nesaf-2025-v8/?ts=1774425753199

Gweithdrefn llid yr ymennydd

Os yw rhiant yn hysbysu'r feithrinfa fod gan eu plentyn lid yr ymennydd, dylai rheolwr y feithrinfa gysylltu â'r Nyrs Rheoli Heintiau (IC) ar gyfer eu hardal a'r Adran Gofal Iechyd Cymru (CIW). Bydd y Nyrs IC yn rhoi arweiniad a chefnogaeth ym mhob achos unigol. Os na fydd rhieni'n hysbysu'r feithrinfa, bydd y Nyrs IC yn cysylltu â ni'n uniongyrchol a bydd y gefnogaeth briodol yn cael ei rhoi. Byddwn yn dilyn yr holl ganllawiau a roddir ac yn hysbysu'r awdurdodau priodol gan gynnwys CIW os oes angen.

Gweithdrefn cludo plant i'r ysbyty

Rhaid i reolwr/aelod o staff y feithrinfa:

- Galw am ambiwlans ar unwaith os yw'r salwch yn ddifrifol. PEIDIWCH â cheisio cludo'r plentyn sâl yn eich cerbyd eich hun
- Wrth aros am yr ambiwlans, cysylltwch â'r rhiant(iaid) a threfnu i'w cyfarfod yn yr ysbyty
- Ail-leoli staff os oes angen i sicrhau bod digon o staff yn cael ei ddefnyddio i ofalu am y plant sy'n weddill. Gall hyn olygu grwpio'r plant gyda'i gilydd dros dro
- Trefnu i'r aelod staff mwyaf priodol fynd gyda'r plentyn gan fynd ag unrhyw wybodaeth berthnasol gydag ef fel ffurflenni cofrestru, taflenni meddyginiaeth perthnasol, meddyginiaeth a chysurwr y plentyn
- Hysbysu aelod o'r tîm rheoli ar unwaith
- Aros yn dawel bob amser. Mae'n bosibl iawn y bydd plant sy'n dyst i ddigwyddiad yn cael eu heffeithio ganddo ac efallai y bydd angen llawer o gwtshis a sicrwydd arnynt. Efallai y bydd angen cefnogaeth ychwanegol ar staff hefyd yn dilyn y ddamwain.

Mabwysiadwyd y polisi hwn ar	Llofnodwyd ar ran y feithrinfa	Dyddiad adolygiad nesaf
27/10/2026	*L.George*	*10/2027*